

THE CONSECRATED FAST

How long is Part II of the Consecration?

11 Days. We will begin Monday, February 19th thru Thursday, February 29th.

What about medications?

Please continue to take all medications as prescribed. It is vitally important that you do not stop taking your medications.

May I take vitamins and sports drinks (protein drinks)?

Yes, you may take a good multivitamin and a meal substitute drink. We discourage sports drinks due to the high sugar and sodium contents.

What is the key to a successful consecration or fast?

Prayer and study of the Scriptures. Please spend time in private devotion (Prayer and Bible reading). **See the attached scripture readings**. You may also want to share in a time of corporate prayer with your spouse, family members or other believers.

What are the dietary restrictions being observed?

We are participating in a **"Daniel's Fast"**. The following foods are encouraged (Please Note: Those under medical care or supervision should seek to consult their physician and modify the fast by adding appropriate nutritional entrees or abstaining from other forms of activity such as television, radio, etc.):

- Fruits
- Vegetables
- Whole Grains (i.e., rice, chia seeds, quinoa, etc.)
- Variety of seasonings (i.e., various herbs, olive oil, coconut oil, grapeseed oil, butter, etc.)
- Poultry, fish, and seafood are allowed on Sundays.

What's for Dessert?

Fruit! No sweets or desserts during the consecration.

PLEASE DRINK PLENTY OF WATER (flavored with lemon or lime) – This serves as an excellent cleanser.

When may I eat?

Please enjoy fruits and vegetables at least 2-3 times daily or smoothies The portions should be moderate and not heavy. You are encouraged to eat your one meal before 8pm.

What about Unmarried or Pre-Marital Physical Intimacy?

If this question is being considered, stop the activity, and schedule an appointment with the Pastor.

What are the Corporate Prayer Days and Times?

- Morning Prayer: Sundays @ 8:30 a.m.; Mondays, Tuesdays, Wednesdays and Fridays at 5:00 a.m.
- Noon Prayer: Tuesdays at 12:00 p.m.
- <u>Evening Prayer:</u> Fridays at 7:30 p.m.
- In case of emergencies, please call the office any time during office hours.
- Please ask God to give you a Prayer Partner or someone to be accountable to.

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"I beseech you therefore, Brethren, by the Mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that you may prove what is that good, and acceptable, and perfect, Will of God." (Romans 12:1-2)

Preparations to Receive Deliverance

Ex 23:30 – By little and little I will drive them out from before thee, until thou increase and inherit the land.

- 1. When we receive the Lord Jesus Christ, it means we are saved from hell. Salvation means Deliverance and upon death we will be with Jesus.
- 2. The second step is Baptism in Jesus' Name, to wash away sin and to bury the old man (outer man). Third, we receive the Gift of the Holy Spirit (Comforter), who lives inside of us and is the (inner man, the Righteous Man), who will teach you all things. John 3:5; John 14:26; John 15; Acts 2:38.
- 3. There are still many ungodly things the old man has retained before Salvation, that can hinder our walk and must be done away with completely before God can be glorified in our lives. At this point deliverance can be sought.
- 4. Deliverance Release from captivity, slavery, oppression, or any restraint. The act of setting someone free. Ex 6:6. God does not overwhelm us with the process of changing us into His image. 2 Cor 3:18; 1Cor 11:7; Col 3:10 (The new Man).
- 5. What does Joel say about those who seek deliverance, in honesty and sincerity? "...And it shall come to pass, that whosoever shall call on the Name of the LORD shall be delivered..." Joel 2:32
- 6. We are the Temple of the Living God (1 Cor 3:16-23). We have been purchased and redeemed by the Work of our Lord and Savior Jesus Christ. One of the most important facts to remember is, we have enemies, who are specifically assigned to pursue our souls for hell's eternity, bring torment to our lives, and destroy our relationship with our Savior. These darts are constantly being launched. They are always being formed as weapons to destroy the People of God. These battles will derive from within one of three categories: The world, the flesh, or the devil. As long as we possess a made-up mind, to serve and magnify God, whether we acknowledge it or not, we are engaged in spiritual warfare.
- 7. The mission/objective in spiritual warfare is to free oneself, first. We must be free before we can help one another. (Matt 28:18-20). We believe one of God's tools in accomplishing this is Deliverance. The first step to Deliverance is humility. That is acknowledging you need Deliverance. The second step is repentance. Repentance is sincere sorrow for your past sins and the sins of your ancestors, with a desire never to return to a sinful state. (See the Part I packet to repent of ancestorial sin).
- 8. The Power we possess is the Mighty Baptism of the Holy Spirit. He contains all that we need. He is the power from on High. We do not need to pray for God to give us Power and Authority, to be Delivered. He is the Power and Authority. He is waiting for us to engage

in spiritual warfare and become the militant Church prophesied in Matt 16:18 – to set the captive free. Is 61:1; Luke 4:18.

- 9. The outward man is at constant war with the inner man and he must die, to allow the inner man to rule, for the Lord Jesus. 1 Cor 15:31.
- 10.We, as God's Elect, are made perfect through the process of Deliverance. Through this deliverance we are released with spiritual promotions, engineered and authorized by the Holy Spirit, to work in conjunction, not with our will, but a willingness to obey God and seek His likeness. The Holy Spirit is a Gentleman. He helps us in battle, and He will tell us what offends God and what we need to be delivered from.
- 11.Men and Women of God, it is totally unrealistic to imagine we are automatically cleansed from past satanic consequences of our actions in the present. Supernatural forces constantly war in our soul, mind, will, emotions, and body, vying for control. Salvation does not exempt any one of us from this battle, it only equips us to win.
- 12.Saints of God should always consider any behavior, actions and habits brought on by demonic forces or by the flesh, as trespassers, and as one who is unlawfully encroaching upon their territory, and as not being pleasing to God. No demon has a legal right to a child of the Living God's life. Due to satan's tricks and our lack of the knowledge of God's Word, we allow these awful trespassers to make homes in our lives. And we excuse it as, "That's just how I am". The Bible says, "If any be in Christ, he is a new creature: old things are passed away; behold, all things become new." 2 Cor 5:17
- 13.Our bodies are Temples of the Holy Spirit (House). Any exposure to (Filthy Movies, Games, People, etc.) or participating in, or unhealthy conditions, whether physically or mentally can leave doors open to satan and make us spiritually unclean. 2 Cor 6:17
- 14.Jesus calls self-righteousness unclean. (Pride) Matt 23:25. He says the outward man appeared beautiful, but the inward man was dead men's bones. Saints, the Body of Christ needs Deliverance, horribly.
- 15.As previously mentioned, the best preparations we can make before receiving deliverance is to repent in every area of our lives. Fast/Consecration, intense Bible study, referencing the issues that need deliverance in our lives. Having personal prayer immediately preceding a Deliverance Service has also proved to be a very valuable aid.
- 16.What is the difference between repentance and confession? Confession is me acknowledging that I did something wrong. Repentance is me feeling remorseful at what I did and feeling the desire to change and be different and not to repeat the offense. Humility is the key to deliverance.
- 17. The Ministry of Deliverance is first and foremost a battle for us. Do we need Deliverance? Everyone needs deliverance, no exceptions. When we did not know the concept of deliverance or felt we did not need deliverance, the enemy ran amuck in our lives. We

must get him out and keep him out.

- 18. Secondly, not only do we need deliverance, but our Families need Deliverance. There are Christian homes full of strife, confusion, division, hatred, disrespect, and chaos etc... Yes, some of the unholy behavior at times could be us, however, it's time the lying devil gets the blame he deserves.
- 19. Third, the Church needs Deliverance. Satan has a special interest in the Church. First, he hates God. Second, he is jealous of God's love for us. Third, we took his place in the in Heavenly places and Praise and Worship. Fourth, especially now that his time is approaching and he is quickly going to hell, he will do anything and everything in his power to sidetrack, hinder, weaken, and destroy the Church's Ministry. And lastly, satan battles for our Communities and Government.
- 20.Some of our weapons are the Word of God, The Holy Spirit- the Fruit of the Spirit (Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control) the Gifts of the Spirit. Galatians 5; 1 Cor 12.
- 21. The Fruit of the Spirt is a special target for the enemy. The first and principal fruit is Love. "The one who loves his brother abides in the Light and there is no cause for stumbling in him". 1 John 2:10
- 22. The Ministry of Deliverance can be immediate or can be like peeling back the layers of an onion. Walk in your Deliverance; talk your Deliverance, have faith in it. God is not a man that He can lie.
- 23.Ep 5:25-27, "That He might present to Himself a glorious Church, not having spot, or wrinkle. Deliverance one time is not a cure for all, we must walk in our deliverance by faith. It is to be valued as an important part of what God is doing in you, in relationship to the current Revival, in this Church. The Church is the Bride of Christ and He is coming for His Bride. The Scripture declares that His Bride must be cleansed. We must agree, everything unclean must be purged from our lives. Satan is constantly trying to trick us into his dirty world. Our struggle is not against flesh and Blood, but against rulers, against powers, against the world forces of this present darkness, against the spiritual forces of wickedness in Heavenly Places. Ep 6:12. Satan keeps putting opportunities for trials, tribulations, hurts and pains etc....into our lives to bring bitterness, anger, unforgiveness etc. He knows that will hinder the Work of God, in our lives!! Everything we get from God is by faith and obedience to His Holy Word.
- 24.Demonic bondages will be broken, and lives liberated through this Deliverance Ministry.
- 25.Apostle Paul said in 1 Cor 9:27 ".....but I discipline my body and make it my slave, so that, after I have preached to others, I will not be disqualified." With a sincere desire to assist and help others, we must not forget to care for ourselves first.

The Value of Deliverance

- 26. To continue in spiritual growth every hinderance to our spiritual development must be confessed and eliminated.
- 27. The Word of God, the Anointing, Gifts of the Spirit, and the Fruit of the Spirit are all the things we can use to prepare for the coming of the Lord.
- 28.Demons and people can hinder your walk and the manifestation of the Fruit and the Gifts in your life. Watch and pray. Mt 26:41; Mark 14:38.

How Demons Enter

- **29.Demons cannot dwell in a Temple with the Holy Spirt. However, a demon can oppress or torment a Christian.**
- **30.** Everything is not the devil. Somethings are the flesh; however, Demons can only enter through doors we have left open. They must be given an opportunity. We must be on guard because, Satan is constantly devising plans to trap us.
- **31.**How does Satan come??He comes through sin, life circumstances, and inheritance. Some of these doorways are due to our actions and decisions of our wills. The doorway of circumstances that surround us and genetics are beyond our control. Another important fact to remember is doors can be forced to open at childhood.

The Doorway of Sin

- 32. Children can be exposed either accidentally or forcibly to all forms of ungodliness, such as pornography, sexual abuse, addictive substance, occult or cultic practices, or oppressive religious doctrine. Often parents are often unaware that the child has been exposed to these things through Family and Friends, at School, or when a child sees something, in the media that he or she should not see. For a child, this might not be classified as sin, but it still leaves a door open for demonic attacks.
- 33.Adults, on the other hand, may make conscious choices to rebel against godly instruction to try various forms of addictive behavior (sexual or chemical), or yield to temptation in various areas such as hatred, wrath, envy, murder, gossip, manipulation, desires, etc.
- 34. Trauma for instance certain traumatic life circumstances in adulthood can result in demonic oppression. The enemy is an opportunist. He can use an automobile accident to be extremely traumatic to an individual, which could lead to a spirit of trauma, spirit of fear or many other hinderances.

- 35.Deliverance is God's freedom to us. Please take time to look back over potential inherited conditions, generational spirits or bondages that might have an impact on you presently. God wants to deliver us. Jer 29:11
- 36. When we yield to temptation, we sin in the flesh; through such sin, doors can be open for the evasion of the enemy.
- 37.Unforgiveness and bitterness are common big hitters Satan uses all the time. They are huge door openers for cancer demons, death demons and many others to enter in. Matt 18.
- 38.What are some of the ways by which a demon's torment can happen in a child's life? By accident, movies, TV programs, video games, Halloween haunted houses, or books which portray witchcraft or other occult practices. Also, through abuse, rejection, neglect from family members or friends, who have addictions or engage in sinful behavior.
- **39.**What demonic influences can enter into a teen's life specifically through exposure to violence, through the media, peer pressure or gang influence? Spirit of hate, murder, uncontrollable anger, strong desire to kill without understanding or any anti-social behavior.

Ways to Determine the Need for Deliverance

Do not be deceived: "Bad company corrupts good morals." 1 Cor 15:33

- 40.Demons are bad company. They corrupt good morals. How do we know if we need deliverance? One way is when our Fruit of the Spirit is under assault. The symptoms of demonic oppression usually lurk below the surface, and are evidenced by a lack of self-control, which can become self-destruction of oneself. Excessiveness in any area of our lives.
- 41.Lack of self-control is a sure voice, that cries for deliverance. The lack of self-control is a huge, significant sign that one needs deliverance. Another sign is observing what the person does to another person. For instance, a Syrophoenician woman came to Jesus with an appeal that He cast an "unclean spirit" out of her daughter. The mother said to Jesus, "My daughter is grievously vexed with a (demon). How did she know this? She knew it by the symptoms. Discernment and Detection. Detection is observing what spirits are doing to and through a person.
- 42.What are some symptoms of demonic activity? Emotional problems, mental problems, sexual problems, addictions, physical infirmities, religious errors, rebellion, control, witchcraft, retaliation, constant indecision, self-deception, perfection, and many, many more.

- 43.Witchcraft is defined as manipulation, control, or domination of one person by another person. Unhealthy soul ties between individuals are often a form of witchcraft, to varying degrees.
- 44.When an inner wound is experienced, it must be immediately cleansed by applying forgiveness. Forgiveness is a spiritual antiseptic. When one is wounded by rejection, he must quickly forgive the offending party. Otherwise, an unclean (a spiritual germ) can gain entrance to the wound and cause a spiritual infection called "Demonization".

Deliverance

We are being transformed into his image with ever-increasing Glory, which comes from the Lord, who is the Spirit 2 Cor 3:18

- 45.Deliverance is an important tool in the arsenal of an end-time Christian. Deliverance can be instant or a process. The biggest problem facing us is accurately discerning the spirits.
- 46. Ask God what must go in your life. Confession to another keeps us from hiding or protecting that which is embarrassing to us, that attitude will hinder our full deliverance. God is able and willing to discern our inner thoughts and to reveal our heart. He willingly serves as a discerner of spirits.
- 47.What is the goal each of us should have as believers in Jesus Christ? To reflect His Nature more and more as time passes. We accomplish this by submitting to the Ministry of the Holy Spirit and allowing God to transform us.