



WORD OF FAITH CHURCH

2020
ELECTION
CONSECRATION

OCTOBER 5 - NOVEMBER 3, 2020

2020 ELECTION CONSECRATION

Saints of the Most High God, it's time to Consecrate!

Fasting/Consecration is not a requirement. Fasting/Consecration brings you closer to God. Whenever a Believer chooses to begin a spiritual fast, for one day or for several days, he or she makes a choice to break out of the routine, desiring to draw closer to God. Fasting/Consecration is a gateway through which God releases His supernatural power. Fasting/Consecration is a short season that releases long-term rewards. It is taking time to sharpen your axe before cutting down a tree. And He said unto them, "This kind can come forth by nothing, but by Prayer and Fasting." (Mark 9:29)!!!

You Will See Results

When you take time for Fasting/Consecration and Prayer, you will see amazing results in your life. Fasting/Consecration gives you back your sharpness and spiritual sensitivity. The first thing you need to do is to make up your mind that you are going to regain your edge. Fasting/Consecration gives you an opportunity to get the toxins out of the body, to become renewed and restored. Many medical doctors support the healing benefits of fasting. However, Fasting/Consecration without prayer is just dieting. Fasting/Consecration makes you sensitive to the trash that tries to invade your life. Fasting/Consecration is the "Drano" of the soul. Seasons of Fasting/Consecration and Prayer helps you get the sensitivity of the Spirit back for the things of God. When you become dull by the constant bombardment of ungodly influences all around you, Fasting/Consecration helps you regain the edge: "Glorify God in your Body" (1 Corinthians 6:19-20).

Fasting/Consecration Builds Confidence

Time spent in Fasting/Consecration and Prayer builds confidence and helps you develop the determination necessary to run your race with endurance. Fasting/Consecration and Prayer prepares and conditions your spirit to go the distance in life's battles. Remember, Fasting/Consecration is not a requirement – again, it is a choice. Fasting/Consecration do not guarantee your salvation. Choosing to Fast/Consecrate is choosing to come away from the routine and wait upon the Lord with greater intensity, seeking His Face and His Presence in a deeper way. You must have a made-up mind. Hebrews 3:6,14; 10:35; Philippians 3:3-4; 1 John 2:28, 3:21, 5:14; Proverbs 3:26; 14:26; Psalm 71:5.

Do Not Compromise

Don't compromise. Stick to the Fasting/Consecration Plan given to you by the Pastor. As you set your mind that you will not compromise during a fast, you build confidence and endurance that can carry you through the trials and battles that come. Keep a journal. The moment you determine you have come too far with God on a fast to turn back, you will see the hand of God working in your life. At the completion of the fast, begin to make Prayer and Fasting/Consecration a regular part of your life. If Fasting/Consecration is the gateway through which God releases His supernatural power into our lives, why is it such an overlooked opportunity? All the greats of the Bible fasted: Moses, David, Nehemiah, Daniel, Elijah, Paul, Peter, even Jesus Himself. Fasting/Consecration is feeding your spirit by neglecting your flesh. Fasting/Consecration will stir-up the Power of God within you. 1 Thessalonians 2:3-4; Matthew 6:24; 1 Samuel 15:9 (compromised obedience, incomplete faithfulness to God); 1 Kings 22:43 (doing right before God); 2 Chronicles 19:2 (calling evil good); Isaiah 5:20 (desire to be like others); Ezekiel 20:32-38.

Fasting in the Old Testament/Fast for Affliction and Mercy

Lev 29:7 “...You shall afflict you souls.” Afflict one’s soul in Bible; refers to chasten one’s soul, to strike.

Psalms 69:10 “...When I wept and chastened my soul with fasting, that became my reproach.”

2 Sam 15:15-23 David sought Mercy from Sin.

Protection against a More Powerful Enemy

“...And Jehoshaphat feared and set himself to seek the Lord and proclaim a fast throughout all Judah.” Three powerful nations gathered against God’s people. But King Jehoshaphat decided to seek God. He proclaimed a fast. The fast only lasted a single day, but the effects were amazing. The gathering of the spoil lasted three days. There are three elements to this story, fasting, prayer, and praising. When we turn to God in Fasting, He will move. Another very important point we must focus and understand is that, the people praised God before the Victory. That is Faith speaking. 2 Ch 20:1-25.

The First Order of Business for Jesus Was to Fast/His Teaching on Fasting

There is no where in the Scripture that Jesus commands people to fast, but He expects men everywhere to fast. There were three exercises that were very traditional to Jews, giving: Matt 6:3; praying, Matt 6:6; fasting, Matt 6:18, 19. Jesus did not have to command fasting, because it was standard practice everywhere. He only corrected the practice and motive behind the fasting.

Benefits

Earthly reward versus Heavenly Reward – Father will reward you. The word reward in Greek means wages, a gift.

Fasting should not be hypocritical, but to fast in secret, private and personal, God will reward you openly.

Before Jesus began His earthly Ministry, He fasted (Matthew 4:1-3). Fasting/Consecration and Prayer were the biggest parts of the Life of Jesus Christ. Fasting/Consecration gives you a deep thirst for God (Psalm 63:1,early will I seek thee, my flesh longeth for thee.....). Notice, while in the desert, David thirsted for God rather than water. God is saying to us today, “You will seek Me and find Me, when you seek Me, with all your heart” (Jeremiah 29:13-14).

There is a price that must be paid for hearing from God and walking in His Will. There is a work going on in us right now, that we may not be fully aware of, but without Fasting/Consecration, prayer and wilderness experiences, you will never be qualified to handle what God has for you in the future. Fasting/Consecration prepares you for what is yet to come!!! Deuteronomy 9:11-18 (during national crisis); 2 Samuel 1:12 (humbled); Psalms 35:13; Joel 1:13-14; Luke 4:1-2; Mark 8:1-3 (four thousand people fasted three days), Jonah 3:7 (Animals and people fasting together).

Fasting/Consecration Brings Brokenness

Fasting/Consecration brings brokenness. Brokenness is so precious in the eyes of the Lord (1 Samuel 16:7). God sent Samuel to anoint a new king to replace Saul as leader of Israel. He guided Samuel past all the older, stronger, more experienced sons of Jesse, young men who by all appearances seemed well-

suited to be King. But God told Samuel not to look at the boys' outer appearance or their physical strength. Brokenness makes room for God to release His strength through our weakness, in order to accomplish His plans. Psalm 51:17; Proverbs 15:13; 17:22.

Fasting/Consecration Restores

There is nothing that has been wasted in your life (i.e., drugs, alcohol, troubled episodes, abuse, etc.). Fasting/Consecration can restore and break the yoke of the waster. Through Fasting/Consecration, God will remove the burden and repair what has been wasted. God will pick up all the fragments of your life. (John 6:12, He said, "Gather up the fragments that remains, that nothing will be lost"). He is a "Repairer of the Breach, the Restorer of Streets to Dwell In "Isaiah 58:12". Regular Fasting/Consecrating will keep your spirit strong "Joshua 14:11-12"

"Then Will I Hear from Heaven..."

"If my people who are called by My Name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from Heaven, and will forgive their sin" (2 Chronicles 7:14). Fasting/Consecration is self-humbling. "He who humbles himself will be exalted" (Luke 18:9-14). Fasting/Consecration is our body language to God. When we Fast/Consecrate, we are expressing our hunger for Him. We ask from a place of humility.

Unforgiveness

Fasting/Consecration will loosen the grip of unforgiveness. (Matthew 18:32-33, 35; Luke 6:37; 7:45-50; Mark 11:25-26). If these scriptures pertain to you, The Spirit will identify the individuals in question.

No Expiration Date on Prayers – Persistence Breaks Resistance

As soon as you pray, God hears you, as in Daniel 10:12-14. Daniel fasted and prayed for weeks. Satan does everything in his power to stop you from receiving your answer. Your prayers will not be discarded. Believe God!!!!!!! Stack up your prayers as you are Fasting/Consecrating. Pray, Pray, Pray!!!!!!! Pray all night as Jesus did. "Pray without ceasing" (1 Thessalonians 5:17).

God Needs a Clean Vessel

God needs empty vessels, not ones so full of themselves that He cannot pour Himself out through or into them. Fasting/Consecration can cleanse the DIRT and prepare us for God's use!!!

- D** Disobedience
- I** Ignorance (zeal without knowledge)
- R** Rebellion
- T** The Tongue (words of doubt and unbelief)

Spending time in Fasting/Consecration and prayer, regardless of your circumstance, will help you to be rooted and grounded in your faith, ready to weather any storm, the economy, your health, your family or your job etc..... These are Satan's attention getters. NOTE: Remember, the focus of the enemy is always to cause the Work of God to cease!!!!

There are several elements we can glean from and be strengthened by during the Consecration:

- Assemble – Unity, Buddy System, Find a Friend
- Separate – Turn off the TV, computer and entertainment!!!

- Confess – Nehemiah 9:1-2, Repent!! God will bring things to your mind!!!
- The Word – Hear and Read the Word. Nehemiah 9:1-3
- Worship – Nehemiah 9:1-3

Fasting/Consecration Brings the Glory of God

His Glory is upon the earth through you as you fast before Him (Habakkuk 2:14). “Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the Glory of the Lord is thy reward. Then shalt thou call, and the Lord shall answer; thou shalt cry, and He shall say, Here I Am ... The Lord shall guide thee continually, and satisfy thy soul in drought ... then shalt thou delight thyself in the Lord; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob, thy father, for the Mouth of the Lord hath spoken it.” (Isaiah 58:8-14).

No Quit Option/The Power of a Made Up-Mind

Never make decisions based on temporary circumstances. 2 Corinthians 11:23-29. Quitting is not an option!!!! When you think about quitting, you talk about quitting. Be assured, you will quit!! Hebrews 10:39, “We are not of those who draw back to perdition, but of those who believe to the saving of the soul.” Jesus never quit!!!! Remove the quit option!!!! When you do that the battle is won!!! Hebrews 10:35-36, “Therefore, do not cast away your confidence, which has great reward. For you have need of endurance, so that after you have done the Will of God, you may receive the promise”. “We are more than Conquerors.” (Romans 8:37-39).

THE DANIEL FAST

The Word of Faith Church will be participating in The Daniel Fast. It is a Partial Fast, based on the Prophet Daniel, when he was under the rule of the Babylonian King, for his personal service. Daniel recorded three occasions of Fasting/Consecration, though he probably fasted many more times, being that he was a man of God. The following is the one we will be practicing.

Partial Fast is when a group of foods are restricted for a spiritual purpose. The Daniel Fast is always a Spiritual fast. However, many turn to the dietary restrictions laid out in the fast for health reasons. It is important that we do not miss the Spiritual benefits of this specific fast. The Daniel Fast affords people a powerful time to focus special attention toward our God, His Will and His Word – the Holy Bible.

THE CONSECRATED FAST

How long is the consecration?

30 Days. We will begin Monday, October 5, 2020 and conclude Tuesday, November 3, 2020.

What about medications?

Please continue to take all medications as prescribed. It is vitally important that you do not stop taking your medications.

May I take vitamins and sports drinks (protein drinks)?

Yes, you may take a good multivitamin and a meal substitute drink. We discourage sports drinks due to the high sugar and sodium contents.

What is the key to a successful consecration or fast?

Prayer and study of the Scriptures. You are encouraged to spend time in private devotion (Prayer and Bible reading). *See the attached scripture readings.* You may also want to share in a time of corporate prayer with your spouse, family members or other believers.

What are the dietary restrictions being observed?

ONE MEAL PER DAY

Foods Allowed

- Chicken or fish
- Salads
- All vegetables
- All fruits
- Natural juices (watch sugar content)
- Flavored water
- Nuts (pecans, walnuts, macadamias, peanuts, almonds, cashews, etc...)
- Almond/coconut/soy/rice milk
- Lots of water

Restricted Foods

- No pork or beef.
- No fried foods
- No sodas
- No coffee or teas (except decaffeinated herbal or green teas)
- No sweets (ice cream, cake, candy, etc.)
- No breads

Seasonings Suggestions

- Try Braggs seasonings, Garlic, Onion (Red and White)

- Use various herbs (cinnamon, red pepper, curry, ginger, peppermint, oil, sage, cumin, turmeric, oregano, rosemary, etc.)
- Mrs. Dash
- White pepper
- Apple Cider Vinegar (Braggs, with "The Mother")
- Olive Oil, Avocado Oil, Coconut Oil, Walnut oil, etc. (*use as a sauté vs. frying*)
- Sugar Substitutes (i.e., Agave, Honey, Stevia and Monk fruit)

What's for Dessert?

Fruit!

What May I Drink?

- **PLEASE DRINK PLENTY OF WATER** You can try flavored with lemon or lime. This serves as an excellent cleanser.
 - An herbal tea (hot or cold) with lemon and a small amount of honey
 - ***Healthy Teas Suggestions:***
 - Oolong: activates enzymes that cut down triglycerides, a type of fat found in the blood...
 - Black/Green/White
 - Chamomile
 - Echinacea
 - Lemon
 - Ginger
 - Dandelion
 - Turmeric
 - Mint
- Non-Dairy Milks (i.e., Almond, Coconut, Soy, Cashew, etc.)
- Fresh Pressed Fruit or Vegetable Juice

What About Exercise?

Light Exercise is suggested to incorporate into your consecration or fast. Please see your doctor, and have them advise you before the fast.

What about Marital Intimacy During Times of Consecration?

According to 1 Corinthians 7:5, those that are married should limit physical intimacy. However, this does not mean abstain from emotional intimacy that is expressed in various appropriate ways (daily). After the season of consecration, Paul states that the married couple should resume their physical intimacy.

What about Unmarried or Pre-Marital Physical Intimacy?

If this question is being considered, stop the activity and schedule an appointment with the Pastor.

What are the Corporate Prayer Days and Times?

- Morning Prayer: Sundays, Mondays, Tuesdays, Wednesdays, Thursdays and Fridays at 5:00 a.m.

- Noon Prayer: Tuesdays at 12:00 p.m.
- Evening Prayer: Fridays at 7:30 p.m.
- Please call the office any time during office hours for emergency
- Please ask God to give you a Prayer Partner or someone to be accountable to

THE CONSECRATED FAST

"I beseech you therefore, Brethren, by the Mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that you may prove what is that good, and acceptable, and perfect, Will of God." (Romans 12:1-2)